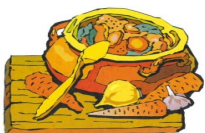


Foundations *focus*

MONTHLY NEWSLETTER | FOUNDATIONS BIBLE CHURCH | MARCH 2024



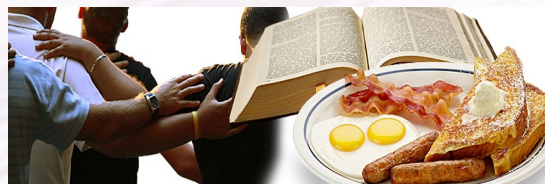
Winnebago Area Museum Fundraiser

GOULASH SUPPER

Thursday, March 14, 2024
5:00 – 7:00 p.m.

*Winnebago Area Museum
16 South Main Street
Winnebago, MN 56098*

FREE WILL DONATION
*(Donations used for roof repairs.)
TAKE OUTS AVAILABLE!*



BAND OF BROTHERS *breakfast*

3rd Saturday of every month @ Linda's Place, Amboy - 8:30am

Note
Place
Change

Foundations Bible Church
205 Cleveland Ave W
PO Box 367
Winnebago, MN 56098

507-893-4214
Leave a message.
Office:

baptist@bevcomm.net

Pastor Daren Barnett
Home: 507-893-4215
Cell: 507-525-8630

baptist1@bevcomm.net

**Foundations Bible
Church Website**

www.foundationsbiblechurch.org

*Preparing people for
Wholeness in Jesus through
The Word of God.*

*Readying the remnant
For the rapture.*

Thus says the LORD:
"Stand in the ways and see,
And ask for the old paths,
where the good way is.
And walk in it;
Then you will find rest
for your souls.

Jer. 16:6



Winnebago Area Ambulance
Invites you to a
Breakfast Fundraiser

Sunday, March 24th
8:30 am until 12:30 pm

French Toast
Pancakes
Biscuits and Gravy



KINSHIP RADIO'S
2024 DAY FOR WOMEN

Love be the Loudest

HEARING GOD'S VOICE ABOVE THE NOISE

APRIL 13, 2024

DOORS OPEN AT 7:15AM | STARTS AT 8:30AM

HOSANNA LUTHERAN CHURCH
105 HOSANNA DR. MANKATO, MN

featuring main speaker:
Ginny Owens!
Singer/Songwriter, Author,
Speaker, Laughter Enthusiast

\$40 for the day includes:
Mini Sessions, Lunch, Worship Music, & More!

REGISTRATION OPENS MARCH 18TH
KINSHIPRADIO.ORG OR 1-800-810-5559



AND YOU HAVE DONE MORE EVIL
THAN YOUR FATHERS. SEE HOW
EACH OF YOU FOLLOWS THE
STUBBORNNESS OF HIS EVIL HEART
INSTEAD OF OBEYING ME.

- JEREMIAH 16:12

March Anniversaries

10 - Darold and Carolyn Nienhaus



March Birthdays

05 - Amanda Krause
13 - LaNay Hervey
14 - Carolyn Nienhaus
14 - Douglas Hill
15 - Nancy Jones
16 - Darold Nienhaus
20 - Lana Krause
21 - McKenna Krause
22 - Elliot Nepp
26 -- Brayden Barnett

Foundations Women

meets the 3rd Sunday
of every month during fellowship




deliver a difference

3rd Week of the Month
FBC will be delivering
Meals on Wheels.

If you're willing to help for a
day, please see Sally Y.

Pick up meals at 10:15am
Takes ~1/2hr to deliver
17 meals

Medical Mission Sunday



- Blood Pressure Checks
- Blood Sugar checks
- Medication Questions

Last Sunday of Every Month after Worship

Sundays @ 9 am

Adults - Walking in the Desert with God

Sunday School

Youth Group - the Be-Attitudes

Prek-4th grade - Answers in Genesis



PreK - 4th GRADE



THE BOOK OF
James



WEDNESDAYS IN THE
WORD
preparing people for whatever is to come through the Word of God
at 7pm

Upcoming Events

Mar. 5 - CED Team Meeting @ 7 pm

Mar. 10 - Missions Committee & Prayer Group @ 11:30 am

Mar. 12 - Stewardship Team Meeting @ 7 pm

Mar. 14 - Museum Goulash Supper 5 - 7 pm

Mar. 16 - Men's Breakfast @ 8:30 am

Mar. 17 - FBC Women's Ministry @ 11:30 am

- Medical Missions @ 11:30 am

Mar. 19 - Spiritual Ministry Meeting @ 7 pm

Mar. 24 - Wbgo Ambulance Breakfast 8:30 am -12:30 pm

- Movie Night @ 6 pm

Mar. 26 - Deadline for Newsletter

Fellowship Servers

Mar. 3 - Potluck

Mar. 10 - Doug & Cari Jenkins

Mar. 17 - Andrew & Chelse Krause

Mar. 24 - Steve & Nancy Jones

Mar. 31 - Resurrection Breakfast @ 8:30 am

Pastor's Pen

What Do You Say?

Ephesians 4:29 "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear."

It is so easy to let words fly off our tongues and spew out of our mouths unchecked and unthought of.... We are all guilty of this, and I often – more than most. The above verse hit me like a semi skidding into a jackknifed position against oncoming traffic! Why? Well, I have noticed a terrible trend among believers today – with the need to stand up and speak truth, we have forgotten the need to "be gentle and patient, able to teach – even when we have been wronged." And, for some ungodly reason, we feel it is a right to fly off the handle without regard of the damage it does to those listening – not just the one who needed a good stern rebuke, but the on listeners that are in earshot of the conversations.

So we understand what is meant here by Paul, as the Lord led him, through the Holy Spirit to write to the Ephesians, here are the definitions of some terms in the above verse:

Corrupt Communication = rotten – worthless – putrefied thoughts – talk – topics – reasoning – motives – expressions
Building Up = architecture, structure, confirmation, edifying
That it May Give = ministers – brings forth – delivers – yields

What we say can hinder instead of help, how we say things can corrupt instead of correct. In fact, the statement indicates that it should be building conversation that brings an edifice of strong faith.

Building up or building in general has a few steps. For instance, a plan needs to be made. Then the materials need to be collected. Of course, you begin to lay the groundwork and the foundation. If a brick, block, or board is off or wrong, it needs removed. Then a resuming of building commences. Along the way, one needs to inspect and check and recheck each angle, each measurement, each level needs assessed. And there is an order of each step, or you get ahead of the building process and things get out of whack.

Same goes for the right kind of discourses and discussions. There are times to lay the foundation, to check the materials, to take out the mismeasurements of terms and premises, and certainly the tones and motives. Some edifying means some correcting and confrontation that will build back the right way and set the right direction.

I think you get the picture. So, what should we do then and how should we say what needs said? It is rather simple – if it lines up with the Scriptures, the Truth and the Holy Spirit – then say it in a grace giving way.... And if it comes from anything else – don't say it.

Besides, this passage goes along with a parallel Scripture that is even more pointed:

Ephesians 5:3-4 But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving.

So – let's consider what we say and not speak carelessly, let's say what needs said and avoid what doesn't and remember to be holy in our conversation and not horrid with our mouth – after all, what we say, says a lot about our hearts.... And some things just should not be said, let alone thought and harbored like a ship in our hearts.

By Jesus' Grace,
Pastor Daren

Sing to the Lord

By Ann Krause, Spiritual Ministry Team Member

We've all heard of the power of music to the human spirit - the positivity of music to children's development and I've personally experienced the power of music to an individual as they prepared for their last breath and meeting their savior face to face. Music allow us to jointly affirm Jesus' place in our lives or His saving grace in times of conflict and confusion.

As we gather together and are preparing our hearts; as we wait for worship to begin - page through the hymnal and peruse the messages of hope, love, forgiveness, freedom in Christ, perseverance , revival, grace - the list goes on.

Our voices rise up to God as He reaches down to us for our daily needs. Our God is so good - so righteous - so merciful. (I think there's a song for that.)

Whether you enjoy the foundational music of the faith or the contemporary praise songs of today - God has inspired people to write it in the "form of therapy to our souls." Physically our body changes- lower heart rate, lower blood pressure and stress hormones - elevation of mood and dopamine and hormones to help us relax. Add to that, tonal qualities of music, the words of scripture and our ability to memorize the Word of God, all are enhanced.

Perhaps there is a reason the birds sing, the frogs croak, the honey bee buzzes- it's to remind us there is a pulse of creation, to remind us of God's presence - NOT to worship those things but to be mindful of the presence of God in His creation and in our world that surrounds us.

Whether you raise your voice in song and your soul with praise - carry His word in your heart, His love in your words, His service in your hands, His forgiveness in your attitude. Carry Christ with you - carry Christ in the music of your soul - and sing to the Lord a new song each day

