

Foundations News

MONTHLY NEWSLETTER | FOUNDATIONS BIBLE CHURCH | JULY 2025

Serving Opportunity ~
August VBS Volunteer:

- Kitchen
- Lessons
- Skits

Call Our VBS Director:
Cari Jenkins



Foundations Bible Church
205 Cleveland Ave W
PO Box 367
Winnebago, MN 56098

507-893-4214

Leave a message.

Office:

baptist@bevcomm.net

Pastor Daren Barnett

Home: 507-893-4215

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baptist1@bevcomm.net

Foundations Bible
Church Website

www.foundationsbiblechurch.org

*Preparing people for
Wholeness in Jesus through
The Word of God.*

*Readying the remnant
For the rapture.*

is God calling you to share your voice...
consider joining our

PRAISE TEAM

see Makayla Nepp

JULY ANNIVERSARIES

14 – Kent & Cherrie Langford ~ 1979
24 -- Kip & Debbie Herrmann ~ 1999
31 -- Trevor & Stephanie Weringa ~ 2021

July Birthdays

02 -- Shari Walker
06 -- Jaden Barnett
07 -- Josh Walker
07 -- Adam Schavey
07 -- Alana Gartner
11 -- Mitchell Jenkins
12 -- Stephanie Weringa
14 – Sharon Fowler
21 – Caden Krause
21 – Finley Michaelis
24 – Finley Sheppard
25-- Desiree Weringa
28 – Phyllis Schneider
30—Summer Wilson

Ushers

please remember to
put the count slip on
the secretary's desk
thank 😊

Sunday School

We will be taking a break during summer
And resume back in September
We encourage all to keep studying
And reading the Bible
But MOST OF ALL
Keep a close relationship
With the Father, Son & Holy Spirit



Medical Mission Sunday



- Blood Pressure Checks
- Blood Sugar checks
- Medication Questions

Last Sunday of Every Month after Worship

**No Wednesday Night
Classes during
June, July or August**

Foundations Women

**No Meetings
June, July, or August**



Upcoming Events

July 08 - CED Meeting @ 7pm
July 15 - Spiritual Ministry Meeting @ 7pm
July 19 - Men's Breakfast at FBC @ 8:30am
July 27 - Medical Ministry
July 29 - Servant Leadership Meeting @ 7pm

Fellowship Hall Servers

July 06 - Potluck
July 13 - Cherrie Langford & Cyndy Pierce
July 20 - Andrew & Chelse Krause
July 27 - Tyler & Makayla Nepp

Pastor's Pen

Yep – we are in the full swing of summer.... heat, humidity, storms, rain and repeat. Many are in vacation mode and looking forward to much needed rest, but as you know with vacations – preparation and planning, traveling and coming home all take a toll. This time of year, I always think of the day ahead when we all are gathered together with Jesus, and the realization of all the heat of work, the humidity of heart, the storms of life, the raining downpours of low points, and the repeating cycle of ups and many downs.

I want to give you all the word of encouragement the LORD gives me each summer, when the vacation time seems to take forever to get there and the saying “I need a vacation from vacation” is real!

Too many times, we feel the guilt of rest. It is difficult for us to be still, to rest, and not feel bad about it, because of the fallacy of believing a busy person makes one valuable. BUT – that is not God given guilt, it is a satanic attack!

Think about it – at least for me, when I take time away, it takes me two or three days to declutter my thoughts and just enjoy the “going up to mountain” moment I have before me, after travel and the vacation destination is reached. Without fail invading concerns and yes worries about what I am going to come home to, preoccupy me. Almost like I feel I can’t let them go or everything will fall apart.

Maybe it’s a prideful thing, or a savior complex, or just the reality of this life on earth, but it robs me of rest, relaxation, and refreshing. I know it is cliché’, but hey – the LORD did say through Peter, “stay casting ALL your anxieties (distractions soliciting your attention, cares, disunited thoughts) on Him, because He cares for you”. Jesus Himself after ministering daily “And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone.” “And after he had taken leave of them, he went up on the mountain to pray.”

If even Jesus took time to rest, pray, be away – and never sinned, there can be no sin in taking time away.... So, this encouraged me to not feel guilty about setting things down and aside in the proper times.

BUT, are we to remain at rest, never re-engaging, to have life of ease, pain-free, not at work, not serving? NO, a thousand times NO!! Too much time away – one gets used to being idle, slothful, lazy, unproductive.... Didn’t Jesus say, “I chose you and appointed you that you should go and bear fruit and that your fruit should abide”? And doesn’t His Word say through Paul “For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” And not to mention “For we hear that some among you walk in idleness, not busy at work, but busybodies”, “that if any would not work, neither should he eat.”

This encouraged me – after the vacation get back to the vocation. We are told to rest, and we are told to work. Nowhere does it say we are to remain on permanent vacation on this side of heaven.

What are the common areas people seem to take “permanent vacations”? That’s easy – it is usually not from a job when they need money, though that seems to be rising these days.... It is often from serving, giving, ministering. It is rarely from hobbies and habits; but rather of the very works God has for us that produce fruit, that are spiritually productive, and most often it is from knowing what God wants us busy about not what keeps us to busy and distracted from the things of God and even sometimes from God Himself.

Anyway, remember – take your rest when God says and it is needed; BUT don’t forget get back to work when God says and it is needed.

Learning to Vacation so I can Bless in Vocation,

Much Love and Prayer,



“Obedience”

There's been a reoccurring theme in my walk with the Lord this year that I've been unpacking day by day, layer by layer, trial by trial.

At the beginning of 2025, I specifically prayed that the Lord would lead the way. Now I know that's something we should be praying for continuously, and truly we have prayed that over and over again as a family for several years - daily. But as we rolled into 2025, I not only asked the Lord to lead the way, but that He would help me to have the courage, humility, and faith to walk His path. Through that time in prayer with the Lord, He specifically placed the word "obedience" on my heart. I've never been much of one to have a "word for the year," but obedience was deliberately placed on my heart by the Lord. Interestingly enough, I've also never been one to really intentionally "disobey." For the most part, I was raised to follow the rules and do what is "right." But nonetheless, that has not exempt me from falling short in obedience to God. In 1 Samuel 15:22, Samuel confronts King Saul about his disobedience to God's command, emphasizing that obedience to God is more valuable than religious rituals like animal sacrifices. Samuel highlights that God delights more in obedience than in burnt offerings and sacrifices. "But Samuel replied:

'Does the Lord delight in burnt offerings and sacrifices
as much as in obeying the Lord?

To obey is better than sacrifice,

and to heed is better than the fat of rams.'" This passage is a great example of how living in obedience goes far beyond checking the boxes or completing the religious rituals.

If you've ever asked for the Lord to help you grow in an area, you likely already know - you better be prepared. I don't mean prepared to all of a sudden see the fruit but to instead be prepared to go through the trials & challenges that are going to stretch you to your breaking points - those points that bring you to your knees in the middle of the night as you lament in prayer to the Lord saying, "I'm sorry, I've fallen short, I need you, I can't do this without you, I will change."

The biggest truth that has been revealed to me this year - obedience to God does not look the same for all of us. In no way am I saying the Word of God changes or that His commandments are different for each of us - but our lives, circumstances, and struggles create different barriers. What gets in the way of my walk with Christ is often very different than my husband's or anyone else's.

If you've never really dug deep with the Lord in asking Him how you can become more obedient to Him, I encourage you to prepare your heart and mind to do just that.

Remaining faithful to Jesus doesn't passively happen. It is one of the fruits of the Spirit (Galatians 5:22) from being in relationship with Him. Our steadfastness to growing in relationship with our Lord and Savior is what will see us through to the end. "This calls for patient endurance on the part of the people of God who keep his commands and remain faithful to Jesus." Revelation 14:12

For myself, obedience this year has been about letting go of control & asking for more help than ever before. To whole heartedly trust that the Lord would see our family through each day and season while I didn't stress over every last thing getting done. To rest more, spend more time in His Word, pray more, and take more time for tasks and fun with our kids. As someone who spent years finding worth in perfectly completed tasks, obedience to the Lord this year has meant letting go and resting in Him (and more time in His Word). Creating space in life so I wasn't in a constant state of overwhelm has helped me grow in love, joy, peace, patience, kindness, gentleness, goodness, faithfulness and self control. *I still have a long ways to go.*

The exact opposite may be true for you. Maybe your obedience looks more like taking the action towards a task or relationship you've been neglecting. Maybe the Lord isn't calling you to do less right now but instead calling you to do more. I can't tell you what obedience to Him looks like for you, but through prayer and intentional conversation with our loving gracious Father, I promise He is waiting to reveal it to you. Whatever area of your life you can increase in obedience, it will lead you to follow His commands more closely & the fruits of the Spirit will be multiplied.

Praise God for His unending love, grace, and mercy as we unpack walking in obedience to Him.

By LaNay Hervey, Spiritual Ministry Team Member

A BLAST FROM THE PAST

For God has not Given us a Spirit of Fear

For God has not given us a spirit of fear, but of power and of love and of a sound mind. (Timothy 1:7)

In a World full of challenges, trials, and uncertainty this passage is one that we should remind ourselves of often. Every day when you turn on the news there seems to be a few more things that we could fall prey to fearing if we allow ourselves to. AI wants to “rewrite” the Bible, our government is busy trying to take away our freedoms, the elites are busy finding ways to combine man and machine, and our children and family unit are under attack like never before. There is certainly no end of things that bring us great fear in this life. But this passage is a reminder to us that God has given us the power not only to face those challenges, but to have victory over them. As followers of Christ, we are blessed to be able to claim the promises of God that are found throughout His Holy Word.

Feeling confused and overwhelmed? Proverbs 3:5-6 says - Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will direct your paths. Anxious about what’s going on in the world today? Philippians 4:6-7 says - Do not be anxious about anything, but in everything by prayer and petition, with thanksgiving, present your requests to God. And the understanding will guard your hearts and your minds in Christ Jesus. Afraid of the possible coming of religious persecution? Isaiah 51:7 says - Listen to Me, you who know righteousness, you people in whose heart is My law. Do not fear the reproach of men, nor be afraid of their insults.

There are so many wonderful promises in the Word of God that we are able to claim when we belong to Him! We can take great comfort in knowing as Deuteronomy 31:6 says - Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you or forsake you. No matter how frightening this become in these end times, we are never alone, God is in control, and the battle has already been won!

By Darlene Holdgrafer,

Spiritual Ministry Teem Member

