

# FBC NEWSLETTER

June 2026

Foundations Bible Church

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*Preparing people for  
Wholeness in Jesus through  
The Word of God.  
Readying the remnant  
For the rapture.*

## Praying Against the Spiritual Evil For the Children of Our Communities

There is a time for everything, and a season for every activity under heaven.

A time to be born and a time to die, a time to plant and a time to uproot,

A time to kill and a time to heal,

A time to tear down and a time to build,

A time to weep and a time to laugh,

A time to mourn and a time to dance,

A time to scatter stones and a time to gather them, a time to embrace and a time to refrain.

A time to search and a time to give up,

A time to keep and a time to throw away,

A time to tear and a time to mend,

A time to be silent and a time to speak

A time to love and a time to hate,

A time for war and a time for peace. Ecclesiastes 3:1-8

Lord, now is the time, today is the day; may we come before You and ask for the assignment(s) that You have for each of us.

Some are called to evangelize, some to teach, some are called to pastor and lead Your flock on earth that is true: but Lord, Your word says that we all are called to rise up against evil, we all are called to fall to our knees before You, and we all are called to pray; to pray for those who need to be lifted up before You, pray for those who are too weak to pray for themselves, pray against the forces of evil, the powers and principalities that seek to separate from the flock those weak in spirit-in faith, and those who have yet to believe. We are called to suffer in the battle for the souls of man.

Lord, help us to pray, Holy Spirit lead our prays, and may the gift of discernment fall upon each of us to hear the enemy when it speaks-it's words often made to appeal and be soothing to the ear, help us to see the enemy approaching with ideals that are against everything that is good and true, and strengthen us to follow You into the battle fray as the attacks come not only upon us- but our brothers and sisters in Christ, and those yet to who must come to know and love You- come out from under condemnation where they now stand burdened by choices made.

Lord, may our faithfulness be to Your kingdom- as Your faithfulness is to our having life and living it more abundantly in the fullness of Your love, mercy and compassion.

You alone, Lord, are worthy of our praise, and when we boast-let it be for what You have done!

In the blessed name that is above all names; the name of Jesus.

**No Sunday School  
Classes during  
June, July or August**

**No Wednesday Night  
Classes during  
June, July or August**

*Foundations Women*

No Meetings  
June, July, or August

**TIME FOR  
PRAYER**

2nd Sunday

Every month

During Fellowship

**MEN'S  
BREAKFAST**

3rd Saturday of every month

*Medical Mission Sunday*



- Blood Pressure Checks
- Blood Sugar checks
- Medication Questions

Last Sunday of Every Month after Worship

**Food Shelf Needs**

Green beans

Peas

Tomato soup

Crackers

Tomato sauce



**June Anniversaries**

10 -- Dave & Ann Krause ~ 1978

27 – Jerrid & Emily Sebesta

**June Birthdays**

01 – Malachi Weringa

02 – Cari Jenkins

04 -- Melissa King

05 -- Sam Cory

07 -- Duane Kvittem

14 – Wade Hervey

19 – Emily Sebesta

19 – Sadie Langford

22 -- Megan Morrison

24 – Leora Calhoun

24 -- Calahan Cory

27 -- Daren Barnett

28 – Makayla Nepp

**Upcoming Events**

02 - Spiritual Ministry Meeting 6 pm

07 - Potluck

09 - CED Meeting 6 pm

11 - Stewardship Meeting 6 pm

14 - Time for Prayer during Fellowship

15 - Men's Breakfast at FBC @ 8:30 am

19 - Newsletter Deadline

21 - Father's Day

28 - Medical Missions during fellowship

28 - Safety Meeting during fellowship

**Fellowship Hall Servers**

07 - Potluck

14 - Tyler & Megan

21 - Bill & Judy

28 - Kip & Debbie

## Spiritual Ministry Team Member Letter

I can guarantee, if you've been a Christian for more than a week, you've had some really good life moments and some where things just feel "meh", "off" or straight up just falling apart.

You might see this in marriage, work, kids, other relationships ...

But I want to ask you - who is the common denominator in all these relationships or situations?

**It's you of course.**

So maybe you've had many hard moments since becoming a Christian, or maybe just a few.

But my next question might be a little harder to answer *\*honestly\**. How busy are you? (*No, I am not implying that because you have a busy schedule is why bad things happen... read on.*)

You see, the reason I ask this is because I was recently brought to the book of Haggai and in Haggai chapter 1 vs 9 we are painted the perfect picture of many of our lives today. "You expected much, but see, it turned out to be little. What you brought home, I blew away. Why?" declares the LORD Almighty. "Because of my house, which remains a ruin, while each of you is busy with your own house."

I don't believe having a lot going on is inherently wrong, but it's what happens next when all of a sudden our plates are full and we are searching for every extra minute in the day to get things done.

In Mathew chapter 6, we are given an important reminder. You've likely read or heard this passage several times. Known as the "anxiety passage" it is often referenced as a reminder for how much God cares for us and that we should not worry. But I specifically want to highlight 6:33 "But seek first the kingdom of God and his righteousness, and all these things will be added to you."

**Seek FIRST.**

*First: something that comes before all others in time, order, rank, or importance.*

And all of a sudden, it is clear - we are so busy building our own homes (metaphorically) that we have forgotten about building up His kingdom - the exact reason we are all here, that is, to make disciples.

So if we circle back to the beginning to those "meh" or "off" days - those days when the whole family seems to be arguing or something heavy has fallen on our hearts - have we sought Him FIRST?

He doesn't offer to always change our circumstances, but he does promise to care for us just as he does every other detail of this world.

There is true power in being in communion with our Lord and Savior. Prayer individually & with our spouse, family, or friend. Reading His Word. Studying together. He is our anchor in this world. But if we aren't making time for Him, it's a no wonder we struggle.

This isn't to say hard days won't happen. Quite the opposite when you become a Christian actually. But what does change is how we navigate them. We can't always change our circumstances, but we can change our hearts and minds. We are the common denominator in every situation or hard day we face. We have a choice - to face it alone or face it with God.

I pray for each and every one of us that we fight to not become so busy in this world that we don't leave room for Him. Because when we let Him, He goes before us to show us the way, beside us to befriend us, and within us to bring us peace.

With a humbled heart,  
LaNay

# Pastor's Pen



The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid? When evildoers assail me to eat up my flesh, my adversaries and foes, it is they who stumble and fall. Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident. One thing have I asked of the LORD, that will I seek after: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to inquire in his temple. For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock. And now my head shall be lifted up

above my enemies all around me, and I will offer in his tent sacrifices with shouts of joy; I will sing and make melody to the LORD. Hear, O LORD, when I cry aloud; be gracious to me and answer me! You have said, "Seek my face." My heart says to you, "Your face, LORD, do I seek." Hide not your face from me. Turn not your servant away in anger, O you who have been my help. Cast me not off; forsake me not, O God of my salvation! For my father and my mother have forsaken me, but the LORD will take me in. Teach me your way, O LORD, and lead me on a level path because of my enemies. Give me not up to the will of my adversaries; for false witnesses have risen against me, and they breathe out violence. I believe that I shall look upon the goodness of the LORD in the land of the living! Wait for the LORD; be strong, and let your heart take courage; wait for the LORD!

The above Psalm is traditionally attributed to David that is a confident lament that moves from bold declaration of trust, through deep longing for God's presence, to urgent petition, and finally to renewed faith and exhortation. It was likely written during a time of intense personal and military threat (possibly while David was fleeing Saul or during Absalom's rebellion). It beautifully balances fear (real enemies, abandonment, false accusations) with faith (God as light, salvation, stronghold, refuge, and teacher).

When things get tough, and you are feeling like trouble is all around, people are coming at you, this Psalm will get you refocused on the LORD.... And who doesn't need to do that. Each section of verses contain specific points for us to ponder and understand. They are as follows:

**Verses 1–3 – Unshakable Confidence** "The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid?"

"Light" in the ancient Near East symbolized guidance, life, joy, and deliverance from darkness/chaos. "Salvation" (yeshu'ah) means deliverance and victory. "Stronghold" (ma'oz) is a military fortress. David begins with a rhetorical question that expects the answer "No one!" Even when "evildoers assail me to eat up my flesh" (vivid imagery of total destruction) or an army encamps against him, his heart remains unafraid because God is greater than the greatest threat.

**Verses 4–6 – Single-Minded Desire** "One thing have I asked of the LORD... that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to inquire in his temple."

This is the emotional and spiritual center of the psalm. David's ultimate desire is not merely safety but intimate communion with God—beholding His beauty (delight, splendor, loveliness) and seeking His will ("inquire"). In the midst of crisis, worship and relationship become the priority. God becomes his shelter, tent, and rock (v. 5), lifting his head in victory so he can offer joyful sacrifices and songs.

**Verses 7–12 – Urgent Petition** "Hear, O LORD... Be gracious to me and answer me!"

The tone shifts to raw pleading. David reminds God of His own command ("Seek my face") and responds with wholehearted obedience. He fears being cast off, especially since even his parents have forsaken him (v. 10)—a powerful statement of

human abandonment. Yet he appeals to God as “my help” and “God of my salvation.” He asks for guidance on a “level path” (straight, safe way) amid treacherous enemies and false witnesses who “breathe out violence.”

**Verses 13–14 – Faith and Exhortation** “I believe that I shall look upon the goodness of the LORD in the land of the living! Wait for the LORD...”

Despite circumstances, David affirms confident hope (“I believe” = “I am confident I will see”). The psalm ends with a command to his own soul and to us: “Wait for the LORD; be strong, and let your heart take courage; wait for the LORD!” The repetition of “wait” underscores patient, active trust.

Boiling this all down, we find four simple but profound lessons:

- God brings light into our darkness, gives Himself as our refuge, and is our true faithful parent.
- Our relationship with God is of supreme importance when facing troubling circumstances.
- Moving from fear to faith leads us to praise God.
- Waiting on God is an act of courage, it is not passivity.

Now, it is always good devotional exercise, when meditating on the Word of God, to answer the question “how does this and how can I apply this to my life?” And it is likewise a good exercise to do some reflection by asking oneself pointed questions that arise from the passage one is reading, studying, and pondering.

So, here are some everyday life practical applications:

**Combat Fear with Truth:** When anxiety rises (health, finances, relationships, cultural chaos), speak Psalm 27:1 aloud. Replace “What if...?” with “Whom shall I fear?”

**Cultivate the “One Thing”:** Make daily time to “gaze upon the beauty of the LORD” through Scripture, worship, and prayer your top priority. Let your relationship with the LORD anchor you.

**Wait Actively:** Waiting on God is not inaction. It means choosing strength and courage while trusting His timing. Continue obeying, serving, and praying even when answers are delayed.

**Turn to God as Father:** When people fail you (family, friends, leaders), run to the Lord who never forsakes His children.

**Encourage Others:** Memorize the last verse to be strengthened and encourage those around you who are weary.

Now that you have read Psalm 27, looked at what God is telling you, and have some applications in your spiritual tool box, please take the time to do some self-reflection by considering these questions:

What current “army” or threat is trying to make you afraid? How does remembering God as your light, salvation, and stronghold change your perspective?

What would it look like practically for God to be your “one thing” this week? What might you need to rearrange in your schedule or priorities?

Have you experienced abandonment or betrayal? How does verse 10 (“my father and my mother have forsaken me, but the LORD will take me in”) speak to your heart and mind?

Where in your life right now is God asking you to “wait” with courage? What would active waiting look like?

Write your own declaration of faith based on this psalm. What specific enemies (fears, sins, circumstances) are you choosing not to fear because of who God is?

And of course, it is always good to close a Bible Study session in prayer, so I have taken the liberty to share one of mine with you regarding this Psalm.

Lord, You are my light and my salvation. When fear rises, help me remember who You are. Draw me close to gaze upon Your beauty and seek Your face above all else. Hide me in Your shelter, teach me Your way, and strengthen my heart to wait on You with courage. Even if everyone else forsakes me, I know You will take me in and never leave me or forsake me. I believe and know I will see Your goodness in the land of the living. In Jesus' name, Amen.

By Jesus' Grace and Seeking His Face Together,



# 'BAGO FUN FEST

## 2026 June 19-20 WHITING PARK

### Schedule of Events

City Wide Garage Sales Thursday – Saturday  
Watch for the Medallion hunt clues starting on Monday, June 15<sup>th</sup>.  
All Weekend FREE swimming at Winnebago Pool!

**TUESDAY, June 16**  
6pm - Miss Winnebago Coronation (Lutheran Church of Our Savior)

**WEDNESDAY, June 17**  
1pm - Parker Oaks King & Queen Coronation (Parker Oaks)

**THURSDAY, JUNE 18**  
1pm - Mixed Nuts – Kids comedy show (Muir Library)

**FRIDAY, JUNE 19**  
11am – 1pm - BEVCOMM & First Financial Bank Winnebago Free Lunch  
1pm – 4pm - Museum open  
5pm – 7pm - Pie & Ice Cream Social (full meal) (Lutheran Church of Our Savior)  
7:00pm - (6:00pm Registration) Twilight Parade – Line up by Parker Oaks  
8:00pm - Bohemian Tractor Pull (First National Agency) – Free will donation  
Dusk - FIREWORKS! (BEVCOMM & First Financial Bank Winnebago)

**SATURDAY, JUNE 20**  
ALL day Buccaneer Baseball Association 13AA Tournament (West City Park)  
7am – 10:30am WFD Breakfast  
8am – Genesis Classical Academy 5k Run, Walk or Ride!  
9am - 4pm Inflatables (American Legion Post #82)  
9:30am - Genesis Classical Academy Student Entrepreneur Vendors  
9am – 12pm Winnebago Farmer's Market (Normal location)  
9:30am - Coin Dig in the Corn (First Financial Bank Winnebago & Engelby Family Farms)  
11am – 3pm - Petting Zoo (JPR Towing)  
11am – 12pm – Foam Party (Caseys Winnebago)  
11am – 1pm - Face Painting (BEA Cheerleaders)  
1pm – 4pm - Museum open  
2pm - (Registration 1:30pm) Kids D&S Pedal Pull (Anderson Electric)  
2pm – 4pm – Free Bowling @ Lucky Lanes (Taco Express outside)  
2pm – 4pm - Root Beer floats @ the Museum  
3pm – Bingo (American Legion Post #82)  
4pm – 8pm Car Show (1<sup>st</sup> Ave SW) (John's Auto Repair)

**Food Vendors starting on Friday night at 5 pm:**  
Schavey Shaved Ice • Rolling Cones • The Lemon  
Kuchenbeker Mini Donuts • Kris Taco • Bummy's BBQ • Schmoes Inc  
Cabin Coffee CO. Saturday morning pop up

## WINNEBAGO FUN FEST SUPPER

FRIDAY, JUNE 19, 2026  
5:00 to 7:00 pm  
Lutheran Church of Our Savior  
121 1<sup>st</sup> Ave. SE, Winnebago

Hot Shredded Beef Sandwiches  
Potato Salad  
Baked Beans  
Chips & Pickles  
Pie & Ice Cream  
Coffee-Lemonade & Water

Full Meal \$12 (includes pie & ice cream)  
Children 12 and under \$6 (includes pie & ice cream)  
Pie & Ice Cream only \$4

Dine In & Take-Out Available  
Call 507-893-3320  
Fundraiser to benefit "Winnebago Fun Fest" activities  
& OSL Church Repairs

Supplemental funds provided by  
Thrivent Financial

WE HAVE AIR CONDITIONING!